

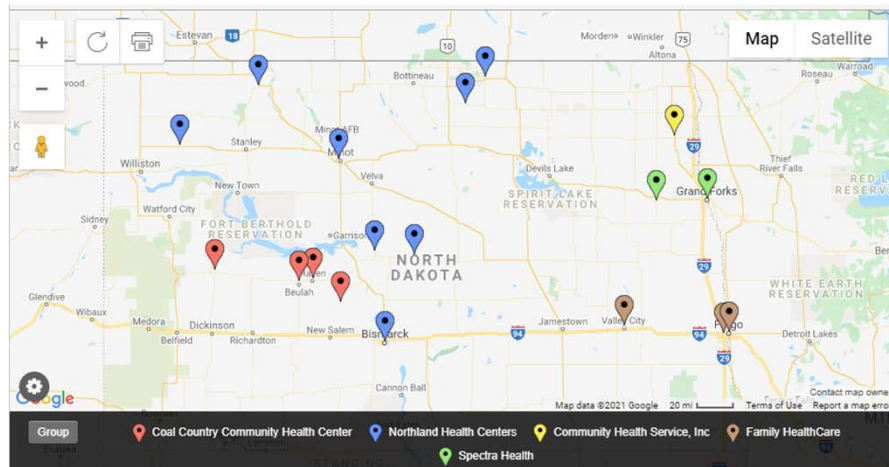


Assessing & Responding to Social Determinants of Health with PRAPARE

Presentation to Bismarck Quality Care Coalition
May 20, 2021
Shannon Bacon

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Community Health Centers in ND



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Sneak Peak



What is PRAPARE?



Why use it?

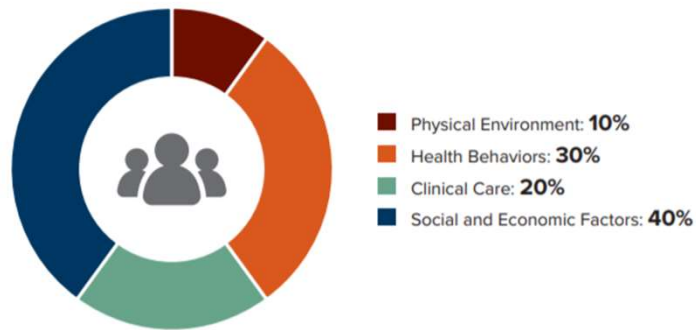


Resources to support PRAPARE implementation



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FIGURE 1.1. Social, Economic, and Environmental Factors Play a Large Role in Impacting Health Outcomes



CHAPTER 1: Understand the PRAPARE Project

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Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences (PRAPARE)

A national **standardized** patient risk assessment **protocol built into the EHR** designed to **engage patients** in assessing and addressing social determinants of health.



www.nachc.org/prapare



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What questions are included in PRAPARE?

Core		Optional	
UDS SDOH Domains	Non-UDS SDOH Domains (MU-3)		
1. Race	10. Education	1. Incarceration History	3. Domestic Violence
2. Ethnicity	11. Employment	2. Safety	4. Refugee Status
3. Veteran Status	12. Material Security*		
4. Farmworker Status	13. Social Isolation		
5. English Proficiency	14. Stress		
6. Income	15. Transportation		
7. Insurance	16. Housing Stability		
8. Neighborhood			
9. Housing Status			

Optional Granular	
1. Employment: How many hours worked per week	3. Insurance: Do you get insurance through your job?
2. Employment: # of jobs worked	4. Social Support: Who is your support network?

**Food, Utilities, Clothing, Childcare, Medicine or any Health Care, Phone, Other*



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Where can I find the PRAPARE Questionnaire?



PRAPARE®: Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences
Paper Version of PRAPARE® for Implementation as of September 2, 2016

- [Paper version](#)
- EHR Templates
- Excel Template

14. In the past year, have you or any family members you live with been unable to get any of the following when it was really needed ? Check all that apply.				17. Stress is when someone feels tense, nervous, anxious, or can't sleep at night because their mind is troubled. How stressed are you?				
Yes	No	Food	Yes	No	Clothing	Not at all	A little bit	
Yes	No	Utilities	Yes	No	Child Care	Somewhat	Quite a bit	
Yes	No	Medicine or Any Health Care (Medical, Dental, Mental Health, Vision)	I choose not to answer this question				Very much	I choose not to answer question
Yes	No	Phone	Yes	No	Other (please write):	Optional Additional Questions		
I choose not to answer this question						18. In the past year, have you spent more than nights in a row in a jail, prison, detention center, or juvenile correctional facility?		
15. Has lack of transportation kept you from medical appointments, meetings, work, or from getting things needed for daily living? Check all that apply.						Yes	No	I choose not to answer this
Yes, it has kept me from medical appointments						19. Are you a refugee?		



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Why use PRAPARE?

- **PRAPARE is:**
 - ✓ Evidence-based, tested and vetted by staff and patients
 - ✓ Patient-centered
 - ✓ Actionable
- Health systems are **already collecting** many of these questions – PRAPARE will allow us to **build on that** and do it in an **organized** way to **improve patient health**
- **It's the right thing for patients.**

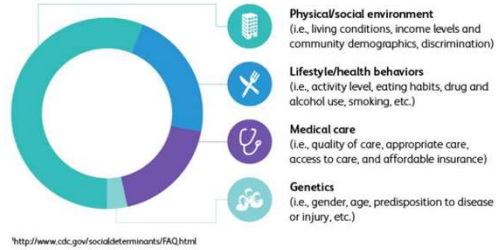


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What will PRAPARE allow us to do?

Position health centers to:

- Improve health outcomes
- Decrease health disparities
- Better target needed enabling services and community partnerships.
- Demonstrate the complexity of our patients and the resource intensity required to treat them to payers, legislators, community stakeholders, etc.
 - Value Based Care
 - Quality Measurement Risk Adjustment



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BEST PRACTICE

For rural areas or small towns where resources may be scarce, it is always worth reaching out to social service organizations in the next closest city to see if they would be willing to serve your community. A health center in rural Massachusetts discovered that they had high food insecurity amongst their patients after administering PRAPARE. Their town did not have a food bank, but they called a food bank in Boston 70 miles away to see if they could help. Because the health center had data to demonstrate their need, the Boston food bank was happy to form a partnership where the Boston food bank delivers a truckload of food (both fresh and non-perishable) every week to the health center.



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Resources to Support Implementation

- [PRAPARE Implementation and Action Toolkit](#)
- [PRAPARE site – NACHC](#)
- [PRAPARE YouTube Page](#)
- PRAPARE Readiness Assessment
- [OPCA Empathic Inquiry Video](#)
- OPCA PRAPARE Workflow Tools
- PRAPARE Tiger Team – EHR Support



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Discussion



How is your organization approaching social determinants of health?




What opportunities for collaboration/coordination do you see?



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CHAD
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